†Speed performance claims based on comparing download speed of Rogers 3.5G HSPA network and competitors' 1xEvdo networks within Rogers HSPA coverage area. Speed may vary depending on the handset, topography and environmental conditions, network congestion and other factors. HSPA network not available in all areas. See rogers.com/rocket for coverage details.
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Celebrity Buzz

Nude tape of Grey's star leaked online
pg 22

Celine Dion expecting second child

PREGNANCY Celine Dion is pregnant with her second child after undergoing fertility treatment at a clinic in New York, her spokeswoman said yesterday.

Dion, 41, is due to give birth next May, Muriel Blondeau said.

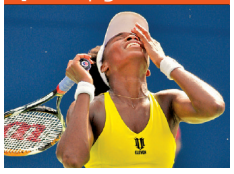
The Quebecois singer, who has made no secret of her wish to have another child, already has an eight-year-old son, Rene-Charles, with husband Rene Angelil, 67.

The star ended her Taking Chances world tour in February.

"Celine had said that after her tour, she wanted to try again to have a child, and the good news came yesterday," Blondeau said.

REUTERS

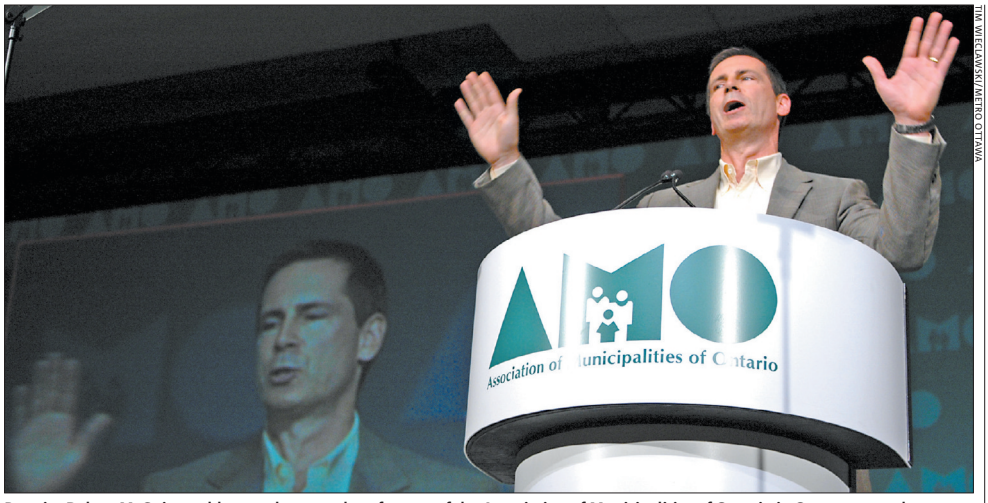
Sports pg 11



Venus out of Rogers Cup

Entertainment pg 20

Roth shows off his rage in Basterds



TIM WIECLAWSKI/METRO OTTAWA

Premier Dalton McGuinty addresses the annual conference of the Association of Municipalities of Ontario in Ottawa yesterday.

Work together: Premier

McGuinty says backlash to 'Buy American' not the answer

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

Closing the border to companies south of the border is not the way to combat American protectionist policies, insisted Premier Dalton McGuinty.

McGuinty told the delegates at the Association of Municipalities of Ontario that the best way to ensure both countries enjoy a strong and sustained recovery is if they work together. He called on municipal politicians to reach out to their counterparts across the border.

He said Canadian politicians need to demonstrate that they are united on this issue.

McGuinty said all the provincial premiers are supporting the Minister of International Trade Stockwell Day and Prime Minister Stephen Harper in efforts to have the policy dropped.

"I just want to make sure that municipalities in Ontario are there as well," he said.

At a time when world trade is so interconnected, McGuinty said the only way to get out of a recession is to keep working together.

"There are millions and millions of jobs south of the border that depend upon the continuing health and vitality of our trading relationship," he said. "It compromises our economies and it will cost them jobs if we shut down our borders."

A backlash to the "Buy American" policy most prominently flared up earlier this year when a Halton Hills-based company that manufactures industrial pumps and normally sells them to cities in the United States was cut out of the bidding competition because it was a Canadian company.

This sparked a movement, led by Halton Hills Mayor Rick Bonnette, calling on the United States to review its current Buy American policies.

AMO president and Alta Vista Ward Coun. Peter Hume said that was the catalyst for a push to have the Buy American policy repealed.

Hume said it was important that Canadian companies had access to American markets.

Hume said they've talked to the American Conference of Mayors and they are encouraging border cities to explain to their American colleagues what the impact of the policy would have on them as well.

Woman reportedly dragged by car in critical state

TRACEY TONG
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INJURIES An Ottawa woman who offered jewelry for sale online was critically injured after being thrown from or dragged by a car Monday night.

Police said a 31-year-old woman met a prospective buyer in the city's east end Monday night after posting an ad online.

Shortly after 9 p.m., city police responded to a 9-1-1 call for a report of a woman being dragged by a vehicle on Plainhill Drive. The victim suffered critical injuries, including skull fractures and facial injuries and was taken to hospital, where she is in a medically induced coma.

Police said a sports car was seen speeding from the scene. Investigators are now seeking any information pertaining to a white or silver sports car that may have new body or windshield damages.

The jewelry was "fairly expensive, in the hundreds of dollars," said Staff Sgt. Don Sweet.

Anyone with information in this incident should call 613-236-1222 ext. 5116.

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Tomorrow noon deadline for SuperEX advance passports
Planning on going to SuperEX? Until tomorrow at noon, visitors can save up to $18 by buying their advance passports at Quickie convenience store locations. METRO OTTAWA

Local

Chill, Plug and Play

This Saturday, make going back to school easier by winning your tech gear. Starting at noon, attendees of the free Chill, Plug and Play event at the Billings Bridge Shopping Centre can pick up a free 1 GB USB drive (first 500 guests), compete in one of six texting competitions to win phones, beauty products and school supplies, get express makeovers and hair advice, sample lunch treats, enjoy entertainment and make donations to Child and Youth Friendly Ottawa's Tools 4 Schools program. METRO OTTAWA

Woman faces 20 fraud-related charges

INVESTIGATION Ottawa police have charged a 29-year-old woman in connection with a series of frauds committed at Ottawa-area banks between December 2007 and February 2008.

Police alleged the woman used a number of aliases to open accounts and secure loans. The accused is also alleged to have tendered a number of fraudulent cheques and to have stolen the identity of three victims. The loss to the financial institutions was in excess of $175,000.

Tammy Laramee, 29, of St. Jean-sur-Richelieu, Que., faces 20 fraud-related offences.

METRO OTTAWA

metronews.ca
What's online today.

Video Stephen Harper touts the Arctic economy after an embarrassing PR stumble at **metronews.ca/canada**

Blogs The 100-Day Raw Food Challenge gets its protein fix with a recipe for raw peanut butter

Lotteries
Ontario Pick 3: 5 7 2; Ontario Pick 4: 3 2 1 2
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These results are not official.

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Energy group starts simply

One Change to hand out 13,000 free tire gauges in September

TRACEY TONG
tracey.tong@metronews.ca

The people that brought you the free energy-saving compact fluorescent light bulbs are back.

And this time, they want you to focus on your car.

Tomorrow at SuperEX, One Change kicks off its second campaign. Partnering with Natural Resources Canada, the Trillium Foundation and Canadian Tire, One Change: Fuel aims to distribute 13,000 free tire gauges around the nation's capital through September.

City resident and One Change executive director and founder Stuart Hickox is the first to admit that the campaign already has a lot to live up to.

The Ottawa-based non-profit organization's first campaign, Project Porchlight, has handed out about 2.4 million bulbs in 500 communities across North America. The organization, which recently achieved charitable status in the U.S. — the application is still in progress in Canada — has 140 full-time employees, and has trained 10,000 volunteers across the continent.

One Change was born in 2005 after Hickox, a self-described "average guy from Ottawa" came across a light bulb statistic.

"If every household in Canada changed one bulb to an energy-efficient bulb, it's like taking 66,000 cars off the road," he said.

When it comes to improving fuel efficiency, reducing emissions and making vehicles safer, checking your tires is "the most simple first action you can take," he said.

If every Canadian driver kept their tires inflated, it would cut 1.4 million tons of greenhouse gases and save $600 million a year in gas, he said.

Oil and filter changes are "the next simple thing you can do to improve your car's fuel efficiency," said Hickox.

"Our slogan is 'simple actions matter,'" he said. "We get people to believe that simple actions matter and they're more likely to do other things. We get everyone to participate with a simple first action and they can go on to do more. We're not just changing light bulbs and checking pressure. We're changing people."

Lesson, discount

- The free tire gauges come with a free lesson on how to test tire pressure and a $30 discount on oil and filter changes.

Hintonburg arts fest gives young artists place to shine

When you're a young artist, it can be tough to catch a break.

Just ask Patrick John Mills.

"When you're that age, there's not a lot of opportunities," said the 36-year-old self-taught artist.

While he struggled for years, the painter is now established in his Hintonburg gallery — Patrick John Mills Contemporary Fine Art Gallery — and wants to help others who may be looking for a hand in getting started.

In its second year, this weekend's Hintonburg Arts Festival — of which Mills is one of the organizers — does triple duty.

Held Saturday and Sunday, the festival exposes the works of young artists across the country while giving Hintonburg-area families a free weekend out and raising money for a local youth shelter.

Mills said that this year, the free event aims to raise $10,000 for Transitions Action Coalition.

New this year at the festival — which is held at Mills' gallery and the surrounding area — is an art competition for young artists ages 14 to 24.

Artists have their work displayed in the gallery, and have the opportunity to sell it there, keeping 100 per cent of the profits, Mills said.

He put out the call for submissions on the City of Ottawa website and from there, it just spread, he said.

"I got over 100 entries," he said. "I was kind of overwhelmed. I wasn't expecting so many. We got entries from Newfoundland, Vancouver, Calgary, and all over Ottawa. To me, it shows that it's getting harder and harder for artists and that there isn't enough opportunities for the arts."

TRACEY TONG/METRO OTTAWA

TRACEY TONG/METRO OTTAWA

Ottawa artist Patrick John Mills hopes to help young artists gain exposure for their work at this year's Hintonburg Arts Festival. In its second year, the festival features an art competition for young artists ages 14 to 24.

Now House cuts energy needs by 87 per cent

PROJECT With a little help from the Ontario Power Authority, Hydro Ottawa and Whirlpool Canada, an Overbrook-area home has undergone an extreme energy home makeover.

After spending more than a month upgrading a 60-year-old wartime-style house at 954 Beaudry Ave., Ottawa Community Housing (OCH) unveiled the city's first near-zero-energy-cost house.

Prior to the $90,000 renovation, the 1.5-storey house had an energy efficiency rating of 55 out of 100 and produced over 12 tonnes of green house gas emissions, said Lorraine Gauthier with the Now House Project.

Pilot

- The Now House, one of four projects across the province, is a pilot project for Ottawa Community Housing.

Today, with all the leaks in the walls and windows sealed off, high efficiency appliances, heating and ventilation and solar thermal and photovoltaic panel, the home cut its energy requirement by 87 per cent and cut green house gas emissions to less than two tonnes per year.

"When you do something like this for a house, you've just increased its lifespan by maybe 100 years," she said.

With $350 million needed just for deferred maintenance over the next five years, OCH CEO Jo-Anne Poirier said they would continue seeking funding opportunities to become more energy efficient.

TIM WIECLAWSKI/METRO OTTAWA

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Charged diplomat recalled to Saudi Arabia

Saudi diplomat Marwan Al Harbi, 30, who was facing charges after a head-on collision with an Ottawa police cruiser on June 2, left Canada after being recalled to Saudi Arabia, CBC News Online reports. Ottawa police said Monday they had issued a warrant for Al Harbi's arrest. METRO NEWS SERVICES

Canada

Passport typo worries woman

When Miriam Steinberg opened the express mail envelope yesterday, it contained a surprise: her spanking-new passport, a day earlier than expected, and a typo, OTTTAWA. Her place of birth had been misspelled with an extra T. Steinberg said, "I was told as long as my name hadn't been misspelled, I was fine and that (passport) was valid." Steinberg was shocked. She has been following the story of Suaad Hagi Mohamud, the Toronto mother who was marooned in Kenya after officials said her lips didn't match those in the passport photo. TORSTAR NEWS SERVICE

PM sups on seal meat to promote industry

POLITICS Prime Minister Stephen Harper bit into a culinary controversy yesterday, dining on seal meat in symbolic defense of the country's embattled seal-hunting industry.

Harper dined on seal ribs and liver in Iqaluit, where hunting seals for survival and trade is a traditional part of the native way of life.

Animals rights activists, especially in Europe, are trying to shut down Canada's seal-hunting industry, and the European Union voted this year to impose a trade ban on seal products.

Canada has vowed to fight the trade sanctions, saying that claims that seal hunters abuse the animals in the process of hunting them are false and that criticism of the industry is inflamed by emotion, not scientific facts.

The visitor's guide to Iqaluit credits the Arctic fur trade's role in replacing whale hunting after whale stocks collapsed in the region in 1905.

Harper's lunch was not observed by reporters, and his staff did not immediately know what he thought of the taste of seal meat, which was both raw and boiled. REUTERS

Previously...

- Gov.-Gen. Michaëlle Jean, Canada's head of state, sparked a controversy in May when she dined on raw seal heart while visiting Nunavut and participating in a traditional seal skinning.

Harper starts tour of Arctic

PM to assert Canadian sovereignty claims, set up agency in Far North

Prime Minister Stephen Harper launched a tour to assert Canada's Arctic sovereignty claims yesterday, saying the government was not ignoring the vast but sparsely populated region's economic and social ills.

Harper pledged that a recently announced economic development agency for the Far North would be headquartered in Iqaluit, the capital of the Nunavut territory, not in the far away federal capital of Ottawa.

"Obviously, our sovereignty is far greatly enhanced if we have thriving indigenous communities, healthy communities, throughout the territory," Harper told an audience in Iqaluit, an isolated community of about 7,250 on Baffin Island.

It was the first in a series of announcements Harper is expected to make in a cross-country week-long tour to promote Canada's claims in the Arctic, some of which have been challenged by other countries, included the United States. REUTERS

Canadian soldiers pass by a beached boat after landing on a beach in Apex, Nunavut on Baffin Island yesterday. The landing was part of military manoeuvres held there amidst Prime Minister Stephen Harper's tour of the North.

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NAPA scores high with customers

REPAIR Peter Haefele simply pays attention to customers at his NAPA Autopro repair garage in suburban Scarborough, Ont.

And it works. His shop and the Autopro service chain have raced past their rivals to provide the best customer satisfaction among repair centres in Canada, according to a comprehensive industry study.

J.D. Power and Associates, a leading market research firm, said yesterday NAPA Autopro posted the top scores in its annual study of service satisfaction at 35 repair chains and manufacturer dealerships plus hundreds of independent neighbourhood shops.

Autopro, which finished third in J.D. Power's annual customer satisfaction index in 2008, jumped ahead of OK Tire, the previous leader, and PetroCan's Certigard, another high-scoring chain of repair shops.

"We really try to do a good job for the customer," said Haefele, who has owned his Autopro shop for 15 years.

"It keeps them happy — and coming back," he added. TORSTAR NEWS SERVICE

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Brewer pulls billboards in B.C.

Molson-Coors Canada is pulling its billboards making fun of people in Toronto after receiving complaints about the slogan that brags Coors Light beer is "colder than most people from Toronto." The billboards were only up in British Columbia. TORSTAR NEWS SERVICE

Diplomat in passport scandal recalled

The Canadian diplomat who officially disowned Suaad Hagi Mohamud as an "imposter" has been recalled from Kenya.

Liliane Khadour has "concluded" her posting, a consular official at the Canadian High Commission said yesterday from the capital Nairobi.

"Her tour of duty is over," he said, explaining that foreign affairs employees rotate posts every two or three years, and Khadour had been in Nairobi for two.

"I am not very sure where she went," her former colleague said.

Khadour is now in Ottawa. Although she owns a condominium apartment there with her partner Jason Joyce, the two are staying at a downtown hotel.

They had been working together at the high commission in Nairobi, both as first secretaries.

Khadour's letter of May 28 stands as a kind of smoking gun in the scandal that saw Canada write off Mohamud as a Canadian citizen, even though she had a life in Toronto that included a job and a 12-year-old son.

On May 21, a Kenyan KLM airline employee challenged Mohamud's passport photo at the Nairobi departure gate, setting in motion a train of events that left Mohamud stranded for three months.

TORSTAR NEWS SERVICE

Investigation

- In Ottawa, the Canada Border Services Agency has opened an internal investigation into the mishandling of Mohamud's case.

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Harper says he learned of woman's plight only last week

AWARENESS Prime Minister Stephen Harper says he's happy Suaad Hagi Mohamud is back in Canada but admits he's still waiting for answers about her nightmare at the hands of Canadian officials.

Returns

- Suaad Hagi Mohamud returned to Canada Saturday after being stuck in Nairobi for 86 days because authorities said her appearance did not match her passport photo.

Harper suggested he became aware of the case only last week, even though her well-publicized plight of being stuck in Kenya had begun 11 weeks earlier. "When we became aware of the case last week, we asked our officials in various departments to give us some information," Harper said yesterday.

"It's a complex case. I have asked my officials for a thorough review of the matter."

The case has blown up into a major embarrassment for the Conservatives and stoked criticism that the government is slow to assist Canadians who land in trouble abroad.

TORSTAR NEWS SERVICE

Woman surrenders to police in B.C.

NEIGHBOUR An emotionally disturbed neighbour sought in connection with the death of a 12-year-old boy in Grand Forks, B.C. turned herself in to police yesterday. John David Fulton, described as autistic, disappeared from his family's porch Saturday afternoon while playing with his Gameboy.

Police found his body late Monday in the home of Kimberly Ruth Noyes.

TORSTAR NEWS SERVICE

Former South Korean leader Kim Dae-Jung dies 7

Former President Kim Dae-jung, who won the 2000 Nobel Peace Prize for his efforts to forge a reconciliation with the prickly communist North, died yesterday at the age of 85. REUTERS

World

ADREES LATIF/REUTERS

British soldiers survey the site of a bomb blast in Kabul yesterday. Seven people were killed and 52 wounded by a suicide car bomber who rammed his car into a convoy of Western troops in the Afghan capital, said Farid Raeed an official at the public health ministry. The strike comes two days before a tense presidential election.

Suicide bomber strikes Kabul ahead of vote

A suicide bomber rammed an explosive-laden car into a NATO convoy in the Afghan capital yesterday, killing at least eight people in a wave of violence two days before an election the Taliban has vowed to disrupt.

Rockets also hit Kabul, several rural polling stations were attacked, a provincial council candidate was gunned down and three election workers were killed by a bomb in violence ahead of Thursday's vote.

Incumbent Hamid Karzai is seeking re-election in the second presidential ballot since the Taliban were ousted in 2001, and a credible result is vital for the country's success in attracting investment and development aid.

Afghan officials and NATO-led forces said more than 50 people were wounded by yesterday's car bombing, the second massive strike of its kind in four days after months that had seen no major attacks penetrate the usually secure capital.

One NATO service member and two Afghans working for the United Nations were among the dead, the rest Afghan civilians.

In a statement, Karzai said such attacks would not deter Afghans, who would vote "despite the efforts of the enemies and will show their opposition to their barbaric acts."

Officials worry Taliban threats and attacks will spoil the turnout, and yesterday the Afghan Security Council issued a statement requesting Afghan and Western media to refrain from reporting violence on election day, an edict likely to be ignored by the free-wheeling media that has emerged in recent years.

Polls show Karzai likely to win Thursday's vote, but suggest he could fall short of the outright majority needed to avoid a second round run-off in October. REUTERS

Opposition says state agents raped detainees

IranCrisis

TEHRAN Opposition leader Mirhossein Mousavi accused "establishment agents" of raping and abusing detainees imprisoned after Iran's June presidential vote and urged the powerful clerics to do their duty and speak out.

In a forthright declaration that puts the Islamic republic's influential top clerics on the spot, Mousavi demanded they step in and pass judgment on a growing political scandal. REUTERS

Obama sees signs Israel's settlement stance softening

U.S. President Barack Obama said yesterday he saw encouraging signs of a softening of Israel's resistance to his call for a freeze on settlement-building in the occupied West Bank.

Barack Obama

Earlier yesterday, an Israeli government minister said no tenders had been issued for new housing projects in Israeli settlements since Prime Minister Benjamin Netanyahu's right-leaning government took office five months ago. Netanyahu has rebuffed Obama's push for a complete freeze, creating the most serious rift in U.S.-Israeli relations in a decade.

"There has been movement in the right direction," Obama said when asked about the latest development after talks with Egyptian President Hosni Mubarak at the White House.

The two leaders, meeting for the third time in as many months, talked about how to jump-start the stalled Middle East peace process, a top foreign policy priority for Obama. REUTERS

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Comment

Bow before our mighty Arctic army

TheWestView

You probably don't lie awake at night worrying about Canada's claim to Arctic sovereignty, but the prime minister appears to be tossing and turning over the future of the True North Strong and Free.

One of the How About That? consequences of global warming is that the polar ice cap is melting three times faster than previously thought, and that means sea routes such as the Northwest Passage could be ice free, at least part of the year, as early as 2015.

This new access puts the top of the world back on the map. Former Arctic wastes now have commercial value as access to vast oil and mineral reserves, not to mention commercial shipping routes, improves.

Taking the Northwest Passage from Japan to Northern Europe cuts 5,000 miles off the commute.

Thanks to all this melting, we are subject to the spectacle — I don't know what else to call it — of the highest Canadian government officials trooping to remote Arctic outposts and ordering up raw seal for lunch.

Prime Minister Harper, who is probably not even comfortable at a Calgary Stampede BBQ, is manfully choking down seal and shaking his fist at the European Union ban on products from the annual traditional seal hunt, which also plays well up north.

At the same time, he is doing his best to protect Canadian sovereignty by making announcements, which is sure to cause our Arctic competitors (USA, Russia, Denmark and Norway) to quake in their furlined boots.

Defence Minister Peter MacKay officially launched our first northern military reserve Monday, vowing to bring it to full strength by 2019. Full strength, by the way, is 100 not-so-warm bodies.

Once their knees stop stinging from all that hearty knee-slapping, our northern competitors will have to stifle further laughter as the PM is scheduled to board the HMCS Toronto today to observe Operation Nanook, in which the Canadian navy pretends to look for Russian and U.S. ultra-sophisticated, stealthy nuclear subs that currently patrol our arctic waters with impunity.

And if none of the above doesn't force them to admit that Canada is Lord of the North, Mr. Harper also announced the new HQ for the Canadian Northern Economic Development or CanNor, will be in Iqaluit, with satellite offices in Yellowknife and Whitehorse — an announcement the competition Can-Ignore.

Do I have to point out the obvious? If we're really serious about asserting sovereignty over the North, especially that sketchy passage through the Parry Channel, we'll have to do better than order seal sushi for lunch and issue a couple of press releases.

Even if they discover a nest of beavers at the North Pole, the best we can ever expect to do is maintain sovereignty as proxies for the Americans.

And that's the True North.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

Word on the street: If Michael Vick was on your favourite sports team, would you cheer for him?

Alan Courchesne
age 52, Ottawa
A: No, I definitely wouldn't — abusing animals is as bad as abusing humans in my opinion, and I don't think he should have a second chance.

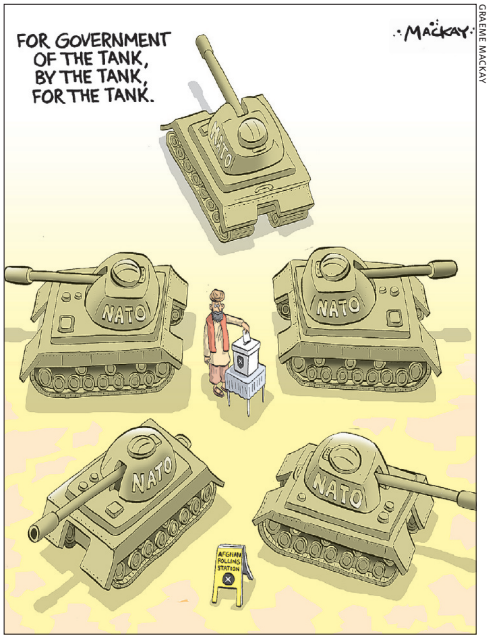
Brendan McCann
age 45, New York
A: Absolutely not. Not for what he did. He went way over the top.

Ruslan Babayev
age 39, Toronto
A: We shouldn't shut the gate on people because everyone makes mistakes. Life is colourful. Sometimes it's dark, sometimes it's bright.

Aaron Rehel
age 23, Ottawa
A: Yes, I would. I think that a lot of people have blown this situation out of proportion.

Colin Robertson
age 54, Ottawa
A: I believe in redemption. What he did was terrible, but everyone makes mistakes and deserves another chance. He was a great football player.

Lindsay Hicks
age 25, Halifax
A: No. I am an animal lover. To have dogs fight for sport is inhumane and cruel.



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GM plans to increase production on strength of Cash for Clunkers
General Motors Co. said yesterday it is increasing production for the second half of 2009 after a surge in sales ignited by the U.S. government's "Cash for Clunkers" incentives program. REUTERS

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Business in brief

ENERGY Growing volumes of crude oil from Canada and the Gulf of Mexico should assure U.S. Gulf Coast refiners adequate supplies for years to come despite fast-declining imports from Mexico and Venezuela. Imports from the two major Latin American suppliers have dwindled by 24 per cent in the past four years, but the huge refining region they serve is unlikely to run short due to billions of dollars planned for new pipelines from Canada and exploration in the deepwater Gulf.

TRADE The World Trade Organization's top court rejected yesterday a U.S. appeal in a long-running case on anti-dumping measures, clearing the way for Japan to threaten trade sanctions against Washington. The final ruling by the WTO's Appellate Body in the case — launched by Japan in 2004 over U.S. measures dating back to 1999 — dealt another setback to a controversial U.S. method of tackling unfairly priced imports. REUTERS

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Teen's iPhone explodes in France: Report

Apple Inc. is investigating media reports that one or more of the company's iPhones have exploded in Europe, a European Commission spokeswoman said yesterday.

The spokeswoman for the EU executive, which oversees the safety of consumer products sold in the 27-country bloc, said Apple had described the reported incidents as isolated.

Apple said it was aware of the media reports, which include a case in which a teenager in France said he was slightly injured when his iPhone made a hissing noise and shattered, but did not comment on any contacts with the commission.

"Apple have come back to us ... and what they've said to us is that they consider these are isolated incidents. They don't consider that there's a general problem," said commission spokeswoman Helen Kearns. REUTERS

Bombardier cancels contract with Italian low-cost airline

AVIATION Bombardier Inc. said yesterday it has canceled its deal to supply Italian low-cost carrier MyAir.com with 15 CRJ1000 regional jets.

Bombardier said the decision was made because MyAir, which recently had its licence suspended by Italian aviation authorities as a result of financial difficulties, is facing "an uncertain situation." Four CRJ900 aircraft have been delivered to the airline, the Montreal company said.

Benoit Poirier, an analyst at Desjardins Securities, said Bombardier's share price had already discounted the troubled status of MyAir and the possibility of an order cancellation.

Bombardier, the world's No. 3 civil aircraft manufacturer, said it still has 49 firm orders for the CRJ1000 NextGen jetliner. REUTERS

Australia, China reach LNG deal

OIL Australia and China struck their biggest trade deal yesterday, as the world's two most valuable listed oil companies, Exxon Mobil Corp. and PetroChina, reached a $41 billion liquefied natural gas (LNG) agreement.

Exxon will supply LNG from the 50 billion Gorgon LNG project on Australia's northwest coast, expected to have an output of 15 million tonnes per annum (mtpa) at its peak. Chevron Corp. is the operator of the project with a 50 per cent stake. REUTERS

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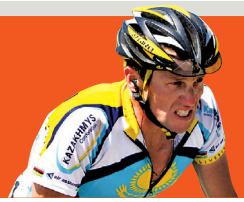
Bertuzzi joins Wings
Todd Bertuzzi is rejoining the Detroit Red Wings, signing a one-year deal with the team he played for at the end of the 2006-'07 season. Bertuzzi spent last year with the Calgary Flames, putting up 44 points (15-29) in 66 regular-season games. METRO NEWS SERVICES

Sports



Traffic stopper

Lance Armstrong, left, brought Scottish traffic to a standstill yesterday after more than 200 cyclists answered his Twitter invitation for a casual bike ride. The seven-time Tour de France winner issued the invitation while in Glasgow to watch Irish rockers U2 play Hampden Park. Armstrong is expected to compete in the Tour of Ireland next week. METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Venus gone after upset loss

Third seed Venus Williams' return to Canada ended in a shock 1-6, 7-5, 6-4 second-round defeat by Ukrainian qualifier Kateryna Bondarenko at the Rogers Cup in Toronto yesterday.

In a career that has produced 41 singles titles, the Canadian event, which alternates between Toronto and Montreal, has been a graveyard for the seven-times grand slam champion, who has failed to win a match in three trips.

"I guess at this tournament I've never had a lot of luck but I guess you have to make your own luck these days," Williams told reporters.

"She just really started playing well and unfortunately I made too many errors."

Williams had looked ready to end her Canadian drought, racing through the first set in 28 minutes.

However, the 64th-ranked Bondarenko refused to fold, trading breaks with the 29-year-old American in the second before finally taking control with another break at 6-5 and then holding serve to level the match. REUTERS

Last Canadian

- Aleksandra Wozniak of Blainville, Que., dropped a 6-4, 6-4 decision to Russia's Alisa Kleybanova yesterday.
- Wozniak was the last Canadian in the singles tournament.

MARK BLINCH/REUTERS

Venus Williams reacts to missing a point against Kateryna Bondarenko during their second round match at the Rogers Cup tennis tournament in Toronto yesterday. Williams lost 1-6, 7-5, 6-4.

Hewitt wins in Cincinnati

TENNIS Former world No. 1 Lleyton Hewitt saved two match points before beating 12th seed Robin Soderling of Sweden 3-6, 7-6, 6-4 yesterday to reach the second round of the Cincinnati Masters.

The Australian — who has climbed back up the rankings to No. 42 having slipped outside the top 100 earlier this year — stared defeat in the face in the second-set tiebreaker but battled back to set up a clash with German Benjamin Becker.

"It was always going to be a tough match," Hewitt said in a courtside interview.

"He had a great run at the French Open and also at Wimbledon; it took Roger Federer to beat him in both." REUTERS

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HEY MOM, DAD, I DON'T

Arsenal gets lucky against Celtic

A fluke by William Gallas and an own goal by Gary Caldwell gave Arsenal a healthy 2-0 victory at Celtic and one foot in the lucrative Champions League group stage yesterday. METRO NEWS SERVICES

Favre joins Vikings

Brett Favre is coming back again, and this time it's with the Minnesota Vikings.

After weeks of speculation, Favre ended his second retirement yesterday. He boarded a plane from Hattiesburg, Miss., and landed in St. Paul, Minn., then was quickly transported to the Vikings training facility, underwent a physical and signed an undisclosed contract.

"I am excited about the opportunity to join this football team," Favre said in a release by the team. "From ownership, to coaching, to the players, it is evident that everyone in the Vikings organization is committed to bringing the fans of Minnesota a championship. I am eager to join my new teammates and get to work towards that goal."

It was in late July that Favre told Vikings head coach Brad Childress that he was not ready to make another comeback, but speculation had been that Favre was delaying his decision to avoid the rigours of training camp, which ended for the Vikings last week before the team's first preseason game against Indianapolis.

"Adding a player such as Brett Favre to our mix will be a strong positive for this football team."
Brad Childress, Vikings head coach

The Vikings were having an open competition for the starting quarterback job between journeyman Sage Rosenfels, who was acquired from Houston in February, and Tarvaris Jackson, a 2006 second-round pick of the Vikings who has had ample opportunity to claim the starter's role.

That has now turned into a competition to determine Favre's backup.

"We believe adding a player such as Brett Favre to our mix will be a strong positive for this football team," said Childress.

Favre, who turns 40 in October, spent the 2008 season with the New York Jets, then announced his retirement for a second time in as many years. He first retired as a Green Bay Packer following the 2007 campaign.

After a disappointing end to the 2008 season with the Jets, Favre underwent arthroscopic surgery to repair a torn biceps tendon affecting his throwing shoulder — an indication he was set to make another comeback. He apparently played with that injury in the final five games of last season, when the Jets won just once and went from 8-3 to missing the playoffs at 9-7.

METRO NEWS SERVICES

NIGEL RODDIS/REUTERS

Chelsea's Michael Ballack, back left, celebrates after his goal against Sunderland yesterday in English Premier League action. Chelsea beat the home team 3-1.

Chelsea off to a cracking start

SOCCER Carlo Ancelotti's Chelsea came from behind to win 3-1 at Sunderland yesterday and make it two wins from two games in the English Premier League.

Second-half goals from Michael Ballack, Frank Lampard and Deco cancelled out Darren Bent's 18th-minute strike for Sunderland in a match dominated by the visitors.

"We played very well from the first minute to the last minute," coach Ancelotti told Sky Sports. "It was not easy in the first half because Sunderland scored, but we maintained control of the game and had a good mental attitude.

"It was a fantastic match for us. I am happy because I am seeing the team improve very quickly," added the Italian who took charge in the close-season. Chelsea, who also fought back to win 2-1 against Hull City on Saturday, began another rally with a Ballack equalizer seven minutes after the break following a Lampard corner.

The Londoners scored again after 61 minutes when George McCartney's foul on Didier Drogba allowed Lampard to convert a penalty and equal Jimmy Greaves's record as the club's fifth all-time scorer with 132 goals.

A fine strike by Portugal midfielder Deco with 20 minutes remaining sealed the victory.

Elsewhere, promoted Wolverhampton Wanderers held on at Wigan Athletic for their first victory of the season, winning 1-0 courtesy of a sixth-minute header from Andy Keogh.

Wigan, a team that recorded a 2-0 triumph at Aston Villa on the opening day, was pressed hard after the break with on-loan Chelsea winger Scott Sinclair wasting the best chance with a header.

REUTERS

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Pudge headed back to Texas
Ivan Rodriguez is returning to Texas after the Rangers traded for him yesterday. Pudge began his career with the team in 1991. METRO NEWS SERVICES

Rogers Cup may be realigned

TORONTO Tennis Canada is considering a radical change to the Rogers Cup, one that would see men and women play in Toronto at the same time.

But not all of the men and women.

The WTA Tour and ATP Tour are forcing Tennis Canada to play its men's and women's tournaments during the same week in two years' time, and the sport's national governing body wants to find a way to maintain its financial successes in both Montreal and Toronto.

So, it's considering a "half-and-half" idea: having half the men and half the women play in Toronto, while the other half play in Montreal. Each city would get a final on the Sunday.

"We wondered if we could have two mini-combined events," said Michael Downey, president and chief executive officer of Tennis Canada, adding the idea is still in its infancy. "It would be fundamental change for the players and the tours. It's never been done before."

As things are, tennis plays in brackets. The No. 1 seed leads one bracket, and the No. 2 seed leads the other. The two brackets don't meet until the final.

TORSTAR NEWS SERVICE

RENE JOHNSTON/TORSTAR NEWS SERVICE

Toronto catcher Rod Barajas tries to make the play at home as David Ortiz of Boston Red Sox makes his own call last night at the Rogers Centre. Ortiz was safe on the play.

Jays rally back, lose anyway

David Ortiz homered, drove in three runs and scored three times as Boston escaped with a 10-9 victory over Toronto in the opener of a three-game set from Rogers Centre.

Jacoby Ellsbury added two hits and knocked in three for the Red Sox, who had dropped three of four coming in. Jason Bay also homered, while Victor Martinez and Alex Gonzalez each added an RBI.

MLB RESULTS
Boston 10 Toronto 9
BOSTON RED SOX AT TORONTO BLUE JAYS

Hideki Okajima (4-0) picked up the win after hurling a scoreless seventh inning. Jonathan Papelbon recorded a four-out save, his 29th of the season, allowing two hits and walking three.

Starter Josh Beckett was knocked around for nine hits and seven runs — including three homers — with four strikeouts and a walk over 5⅓ innings.

Rod Barajas finished 2-for-5 with a two-run home run for the Blue Jays, losers in three straight and five of six. Adam Lind and Marco Scutaro each knocked in two runs while Travis Snider and Randy Ruiz had solo shots in a losing cause.

METRO NEWS SERVICES

Copeland headlines CFL's weekly honourees

CFL Calgary Stampeders wide receiver Jeremaine Copeland, Saskatchewan Roughriders defensive end John Chick, Toronto Argonauts kicker Justin Medlock and BC Lions slot back Paris Jackson were named the CFL's top players for the seventh week of the season yesterday.

Copeland, the Offensive Player of the Week, hauled in a career-high 11 balls for 182 yards and two touchdowns, including a go-ahead 20-yard score with 38 seconds left for Calgary, which wound up losing 38-35 to Edmonton.

Chick logged two sacks and forced a fumble for the Roughriders, leading the club to a 33-23 victory over Hamilton en route to picking up the Defensive Player of the Week honor.

Toronto's Medlock was a unanimous selection as Special Teams Player of the Week, nailing all seven of his field goal attempts, including a 52-yarder and two from 51 yards out in a 36-28 loss to the Lions. Jackson had a part in BC's win, recording six receptions for 122 yards and two touchdowns to pick up his second Canadian Player of the Week award this season.

METRO NEWS SERVICES

Sports in brief

TRACK A recent study by researchers at Tilburg University in the Netherlands predicts that someone will eventually be able break the tape in the 100-metre sprint with a time of 9.51 seconds. But British bookmakers are betting that Usain Bolt will better that mark. As of yesterday, Ladbrokes is giving 3-1 odds that the 22-year-old will run under 9.5 seconds by the end of September.

TENNIS Lleyton Hewitt rallied for a 2-6, 7-6 (8), 6-4 win over No. 12 Robin Soderling yesterday at the Cincinatti Open. No. 11 Fernando Verdasco also lost, and No. 10 Fernando Gonzalez quit in the first set of his match because of a sore knee.

OLYMPICS IOC president Jacques Rogge plans to resign as an active member of the Olympic committee after his final presidential term ends in 2013, preferring to serve as an "honorary president."

BASEBALL A day after signing No. 1 draft pick Stephen Strasburg to a record contract, acting Washington Nationals GM Mike Rizzo says it's "very unlikely" Strasburg will be called up to the majors this season.

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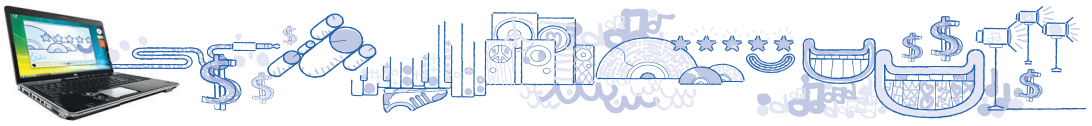
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No more tenure?
An opinion piece in the Chronicle of Higher Education argues that tenure-track positions at U.S. colleges face extinction in a war of attrition. Deans faced with shrinking budgets will likely be replacing tenured faculty members with adjuncts — particularly in humanities and social science departments. METRO NEWS SERVICES

Workology

Home-schooling trend in U.S.?

Although Academica Group's UCAS applicant study continues to find very few PSE-bound students have been home-schooled in Canada, in the U.S. it is estimated that somewhere between three and six per cent of the school-aged population are being home-schooled. The primary driver is religion for 83 per cent of home-schooling Americans, who feel their local public schools are "unwholesome" in some way. ACADEMICA GROUP

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Women knocked from top: Study

Top-level employees still hirable, mobile, but more women losing their job than men

MAT LECOMPTE
for Metro Canada

You know how bad the economy is these days, so you don't want to read about it again. However, depending on your education and employment potential, these horror stories may merely be myths.

A recent report released by Catalyst, an international organization focused on working with businesses to create inclusive workplaces, indicates that over 50 per cent of "high potential" employees were actually able to advance their careers in this recessionary period. The data found that these people remained employable, mobile and in high demand from various employers around the world.

"The report showed us that there are a number of myths surrounding the current economic crisis," said Deborah Gillis, North American vice-president of Catalyst. "Top-level employees, for the most part, are still hireable and mobile."

The numbers were reached by analyzing information collected from over 800 MBA alumni from 26 leading business schools spanning across continents — including Asia, Europe and North America. The responding alumni graduated between 1996 and 2007.

In fact, the research shows that only 10 per cent of respondents reported losing their jobs due to downsizing or closure.

Of that 10 per cent, however, women executives were three-times more likely to lose their jobs than their male counterparts. While six per cent of male senior employees lost their jobs because of downsizing, a substantial 19 per cent of high-ranking women employees suffered the same fate.

Gillis explains that because of a lack of mentors, role models, connections and networks, women are more likely than men to be laid off. This is because men, who have traditionally outnumbered women in senior positions, have established networks to keep them on board.

"Decisions need to be made to fix the barriers women face," she said. "Networks need to be put in place for women to acquire role models and mentors so they can advance within their organizations."

Based on this, it appears that as more women acquire senior positions, these networks will be created and strengthened.

The data in the report is focused on the time period between November 2007 and June 2009.

Because men for so long outnumbered women in higher-up positions, the networks they were able to create have helped them weather the recession storm and caused them to be kept on at a higher rate than their female counterparts.

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Porsche 911 Turbo coming
Porsche AG will present its new top-of-the-line 911 at the Frankfurt Auto Show in September. The Porsche 911 Turbo goes on sale in Canada in January 2010. METRO NEWS SERVICES

Metro Drive

Seatbelt's 50th

The three-point seatbelt turned 50 last weekend. On Aug. 13, 1959, the Volvo PV544 became the first car with the safety feature, which has been called one of the most significant inventions of the 20th century. METRO NEWS SERVICES

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

The sound of silence

2010 Chevy Equinox a quiet revolution

JIL MCINTOSH
for Metro Canada

When a company debuts a new model, it sometimes brings along competitors' models for journalists to drive back-to-back. No one brings one that outshines the new model, so when GM introduced the all-new 2010 Chevrolet Equinox and rolled out a Toyota RAV4 and Honda CR-V for comparison, everyone took notice.

The verdict: this new Equinox gives GM the ability to stand solidly head-to-head in the crowded compact SUV market against its domestic and imported opponents.

Also trimmed and badged as the GMC Terrain, the Equinox is built in Ingersoll, Ont. The previous Equinox came only with a choice of two V6 engines, but for 2010, there are two new powerplants: a 2.4-litre four-cylinder or 3.0-litre V6, both with direct injection and mated to six-speed automatic transmissions. Both can be ordered in front-wheel-drive or with an all-wheel system that primarily runs the front wheels, but sends power to the rear if necessary.

2010 Chevy Equinox

Type: Sports utility vehicle
Price: from $25,995
Engine: 2.4-litre four-cylinder and 3.0-litre V6
HP: 184 (four-cylinder); 264 (V6)

Highlights

- Handles like sedan
- Improved interior
- Extremely quiet

At a combined rating of 7.8 L/100 km, GM says the four-cylinder is class-leading for fuel economy.

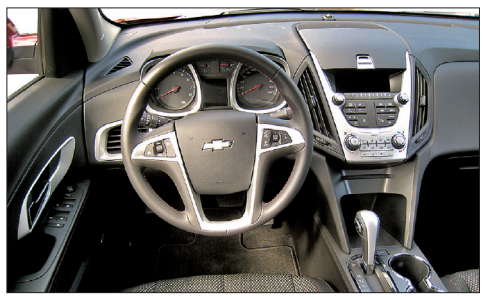
The four-cylinder starts at $25,995 and runs to $33,460. The V6 is an extra $1,725 and only comes with 18-inch wheels priced at $325, so it's an extra $2,050 on each model.

The Ingersoll, Ont.-built 2010 Chevy Equinox is available in both four cylinder and V6 engines.

Those who need the V6's stronger towing capacity (1,500 lbs for the four; 3,500 lbs for the six) will probably step up, but for almost all other driving conditions, the 182-horsepower four-cylinder works well enough that the bigger engine's 264 horses are overkill. GM has also wisely made the four-cylinder available in all trim lines, so you don't need to order the V6 if you want the top-line LTZ's toys.

Most impressive is how quiet it is. It's been sound-deadened and sealed to within an inch of its life, but since smaller engines are inherently louder, the four-cylinder model adds an extra trick: two cabin-mounted sensors that monitor interior sound and then, when necessary, send a wave from the subwoofer to offset any noise. It's similar to the way noise-cancelling headphones work, and it allows the engineers to run the engine at a lower rpm for improved fuel economy. I got into a Buick Enclave test vehicle a few days later that didn't seem any more silent than the Equinox.

Handling is responsive and nicely weighted, and it feels more like driving a car than an SUV, with no torque steer, minimal body sway, and a smooth ride over gravel roads and rough pavement. By comparison, the Toyota RAV4 was choppy and very noisy, while the Honda CR-V transmitted a steady stream of road vibration through the seats.



The interior is much improved over the old Equinox: there's a lot of hard plastic, but it's well-fitted and handsomely designed.

The interior is also much improved over the old Equinox: there's a lot of hard plastic, but it's well-fitted and handsomely designed, and I don't remember any Chevrolet with seats this comfortable. Deep-set dials house the instruments, but bright sunlight reflects off the textured steering column and directly onto them, making it difficult to see the speedometer.

GM's big hurdle now is to get buyers into the showroom and behind the wheel. Once it does, this new Equinox easily sells itself.

Third-generation M revealed

NEW MODEL Infiniti recently provided an advanced look at the all-new 2011 Infiniti M performance luxury sedan at the 59th Annual Pebble Beach Concours d'Elegance in Carmel, Calif.

This is the third generation of Infiniti's popular M and the first to be sold across all of Infiniti's 32 markets around the world.

Like the current M, the next-generation design will be offered with V8 and V6 engines. The 2011 models will be designated the Infiniti M56 and Infiniti M37 respectively, reflecting their more powerful, larger displacement engines. The M56 V8 is expected to offer more than 400 horsepower.

The M also features a completely redesigned body, with authentic sports sedan proportions and evocative new styling with a low front end and deeply sculpted fenders inspired by the Infiniti Essence concept car.

The 2011 Infiniti M.

The new M interior will be highlighted by the use of innovative materials, an advanced climate control system, superior audio and an enhanced quality feel. Despite improved performance from the new engine lineup, fuel consumption will be reduced.

The M, which is scheduled to go on sale across the world starting from spring 2010, was revealed through a unique "video mapping" process — in which a "virtual M" was created on a 3-D form.

The 2011 Infiniti M will make its official public debut later this year.

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SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Driveways can add value

MJ DESCHAMPS
for Metro Ottawa

When it comes to home renovations, driveways often get overlooked — you park your car there, maybe play a little basketball on it, and painstakingly shovel snow off of it in the winter.

Unlike replacing windows, doors and appliances, there are no real benefits of redoing your driveway besides aesthetics, so people often let their driveway crack and break while they fix up other elements in and around their homes.

However, what some homeowners don't realize is that an unattractive and unsafe driveway can affect the appearance and value of the property as a whole, and detract from other home renovations made.

"I think that driveways are overlooked a lot because people don't want to spend money on something that they think doesn't benefit their homes," said Alex Brown, founder of Valley Landscaping and Excavating.

"However, keeping your driveway well-kept and looking good can really jazz up the value of your house if you're looking to resell, and make it easier to maintain, especially in the winter."

Brown said most people tend to choose asphalt when redoing their driveways because it is fairly inexpensive and durable. Asphalt is a good option for Canada's climate as well. Because it absorbs heat, ice and snow melt faster on it than other surfaces.

If you have a little more disposable cash, concrete slabs are a good option. It costs about twice as much as asphalt, but it lasts longer.

On the flipside, if you're looking for a cheaper option, gravel is the most inexpensive. However, if you don't keep runoff from rain and snow away from the driveway, it's likely you could find yourself shovelling it back off the street regularly. It is also the worst material for traction.

Brown said he personally recommends interlocking stone driveways.

"It's a little more expensive — about $18 a square foot depending on the stone, but it's the easiest to fix and keep maintained," he said.

"If something gets out of place, you can just pick up the stones and relay them. Other surfaces don't have quite the same easy fix."

Interlocked stone driveways usually last about 10-15 years.

Interlocked driveways last about 10 to 15 years, experts say.

About the HRTC

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- For more, go to cra-arc.gc.ca/gncy/bdgt/2009/fqhmrnvtn-eng.html.

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Quality and timelessness are found in structures built with brick and stone. But after years in this harsh Canadian climate, masonry needs a little refurbishing due to weathering.

Top 10 reasons to insulate your garage

When transforming your garage and/or adding a heating system, you need to look for an insulated garage door with the following specifications:

- The door should be 1 3/4 inch thick
- The door should be polyurethane injected
- The door should have an R-16 insulation factor

These qualities will serve to keep the heat inside the garage, to keep the cold air infiltration out, and to help reduce surrounding sound.

According to Nancy Labbé, marketing co-ordinator at Garaga Inc. (garaga.com), the garage has taken on several different roles in a modern home. She shares the top 10 uses of the garage:

Having an insulated garage makes it easier to work on projects inside instead of outside on the driveway in the winter.

1 WORKSHOP: During the summer, a well-insulated garage door equipped with efficient perimeter weather-stripping will help to keep the noise level lower, for example, when you are using power tools.

2 RENOVATIONS: You usually work indoors on retrofit projects just before spring. A well-insulated garage makes it a lot easier to work inside, rather than outside on the driveway in February.

3 GARAGE SALE: Sometimes the pile of "garage sale stuff" in your home doesn't seem worth the effort involved in organizing a sale. Take heart. In just a few steps a week, you can organize an extremely successful sale and clear the clutter from your home.

4 ART STUDIO: For your family decorative projects, why not use the garage as a private space for special group projects?

5 FURNITURE REHAB: Get out the old rocker that you have been meaning to sand and stain. The garage is the perfect place for antique restoration.

6 STORAGE: Use the space for temporary storage of furniture that's either on its way in or out.

7 PET TRAINING: Why not? Pets are a part of our lifestyle and a most important part of your family.

8 BIRTHDAY PARTY: An ideal area contained for games, snacks and fun, as long as you secure safely power tools and any items that may lead to accidents.

9 BAND REHEARSALS: Teens are always looking for a place to rehearse. Let them practise in your insulated garage and leave the neighbours at peace.

10 IT'S A GARAGE: Even if you never park your vehicle inside, you will appreciate being able to store your snow blower, your gardening tools and kids' bicycles.

"A garage can be more functional than for simply parking your vehicle," Nancy Labbé says.

As it is an extension of your home during those colder months, it becomes extremely important to select an insulated garage door with the best air tightness and thermal break systems. NEWS CANADA

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High Street Fashion Week
From Sept. 7-11 London's Oxford Street will host the U.K.'s first High Street Fashion Week, which will include promotional shopping days; fashion and beauty workshops; and late night shopping-and-champagne receptions. See oxfordstreet.co.uk for more details. METRO NEWS SERVICES

Travel

Waterford Crystal Visitor Centre

When Waterford Wedgwood PLC filed for bankruptcy protection at the start of this year, among the casualties was one of Ireland's top tourist attractions, namely watching the glassblowers at the Waterford factory. But while there are no factory tours this season, visitors can find a revamped experience at the Waterford Crystal Visitor Centre — including a demonstration of cutting and engraving. For full details visit waterfordvisitorcentre.com. METRO NEWS SERVICES

TRAVELDESK@METRONEWS.CA

Soaking up Cairo's chaotic energy

Egyptian capital has lots to offer once you've seen the big attractions

KLAAS BOOMSMA
Metro World News

Without question, a first-time visit to Cairo is all about taking in phenomenal sights from the Sphinx and the pyramids at Giza to the ancient Citadel and the National Museum, which is cluttered with a breathtaking collection of sarcophagi and statues of Ancient Egyptian gods.

But when you've checked these historical items off your to-do list, it's time for entertainment and relaxation; for a drink and a bite to eat.

Cairo is a huge city and the traffic is absolutely crazy, what with with four million cars on the road. Taking a taxi is the easiest way to get from one part of the Egyptian capital to the next. Even if you're an expert at haggling, you will be paying more for a cab than the Egyptians do, but it's still a lot cheaper than it is in most European cities.

Once you've accepted this fact you can sit back and enjoy the roller coaster ride that is a cab trip through the cradle of civilization, as the Cairenes like to call their city.

Start off in downtown Cairo to get a feel for the energy in this city, which truly never sleeps. See the shops, bargain for souvenirs and go have a drink in El Horreya Pub on Bab el Louk Square. For a quick snack you can get an inexpensive falafel sandwich.

After checking out the downtown area you might feel like heading somewhere with a more relaxed atmosphere. Take a cab to the green urban "island" of Zamalek, surrounded by the mighty river Nile. Here you'll find bars, restaurants, bookstores and loads of Egyptian students strolling along the boulevard along the Nile, chilling out with a cup of mint tea in one of the many coffee shops or starting a big night out. It's the perfect place to end a day in the great city of Cairo.

Left, patrons sit outside at one of the Egyptian capital's many bustling cafés. Right, a vendor in a Cairo market.

Left, an object on display at Cairo's National Museum. Right, visitors at the museum listen to a tour guide.

Where to stay:
Odeon Palace Hotel in downtown Cairo, Abdel Hamid Said 6. This three-star hotel has an authentic Egyptian look and feel, lots of woodwork and a rooftop bar and restaurant open around the clock with stunning views over Cairo. Close to the National Museum, near a shopping centre. From about $17 per night for a single room and $19 per person for a double room.

Where to eat:
Restaurant Abou el Sid, 26th of July street 157, Zamalek. This beautifully-decorated restaurant offers delicious Egyptian cuisine with Turkish and Lebanese influences, served up by friendly waiters. A variety of dishes on your table costs about $10. You may have to wait 20 minutes to get a table, but it's worth it.

Where to drink:
For a cheap beer and great atmosphere, visit El Horreya Pub in downtown Cairo, on Bab el Louk Square. You can get half a litre of Stella for about $1 and drink it in the company of Egyptians and foreigners of all walks of life, and lots of creative types. El Horreya is also known as Freedom Café.

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Easter Island protests

Flights to Easter Island have resumed after Chile agreed to hold talks with residents who stormed the airport to protest an influx of tourists and immigrants to the remote Pacific island. Easter Island is known for its huge statues of heads and torsos called "moai." REUTERS

The hills are alive around Innsbruck

Well-priced food and cosy accomodation await hikers in Austrian Alps

CELIA PEDROSO
Metro World News

Left, a view of the Alps near Innsbruck from a mountain pasture. Right, a hiker strolls through the pasture.

The Austrian alpine city of Innsbruck may not be the obvious choice for a budget holiday, but it's a very good starting point for a low-cost hiking trip.

The area offers breathtaking walks in some of the most beautiful mountains in Europe and reasonably-priced stays in the pretty villages surrounding the Tyrolese capital.

More serious hikers might opt to stay at the welcoming huts that can be found throughout the Alps, where you can sleep soundly and eat very well, generally at low prices.

The unstable weather in the Alps — there are frequent heavy showers even during summer — is not an obstacle for a nice day out in Innsbruck. The pedestrian-only historical centre, the Altstadt, has entire streets packed with shops as well as coffee shops, restaurants and bars with tables in the open air.

This former imperial city thrives on its strategic location, as well as its excellent winter sports infrastructure and summertime nature activities. Surrounded by mountains, it hosted the Winter Olympic Games in 1964 and 1976.

Cable cars take you from the city to several peaks with altitudes above 2,000 and 3,000 metres, so you can start your walk in the heart of the mountains. During the week Austrians of all ages stroll rhythmically along the mountain paths, and on the weekend they're joined by local families. Inns located at key points make it easy to refuel and it's common to see groups of Tyrolese people in cheerful reunions around a table covered with beer glasses after a walk up the mountain.

Start your hike in the heart of the Tyrol on the 2,250-metre-high mountain of Patscherkofel, just south of Innsbruck. After a cable car ride up from the Alpine village of Igls, the walk starts at the Zirbenweg path.

Along the route you'll see rare flowers including the Alpenrose (similar to the azalea) and the Enzian, a symbol of the Alps. The paths are well delineated with the international mark, just like the Austrian flag: Two red stripes and a white one.

Once up there, with clear weather, there's a view over a valley several kilometres wide, with Innsbruck down below as well as verdant slopes, rocky mountains and peaks where the snow never melts.

The award-winning Zirbenweg path is considered to be one of the best-kept and has some of the best panoramic views of the Tyrol.

Wooden signs throughout the tracks appeal for good behaviour, reminding people to not throw garbage or shout; and to respect animals and the environment.

Every so often you'll also find small religious altars with ex-voto or crucifixes. There are also small waterfalls, ideal for walkers who need to refresh.

If there's no snow it is possible to reach the top of the Glungezer, at 2,677 metres, and have a meal there. Other options are the Tulfeinalm hut or the hospitable Rinneralm, although it is more remote.

The Alpine inns are welcome after a long hike, with high quality meals and simple but cosy accommodation.

Good to know

Good equipment: It's essential to be well prepared for your mountain walk. Always wear proper hiking boots and good socks to your support your ankles and protect your feet from blisters. And do not forget to take a bottle of water with you, a bar with cereals and a chocolate in your bag, as well as a torch and a raincoat.

Currency: Austria is in the Euro zone. There are many ATM In Innsbruck, but few in the surrounding villages it is better to take money with you.

Where to stay: Accommodation in villages here can cost between 20 and 50 euros. There are 25 holiday villages around Innsbruck, one of the prettiest is Mutters. Staying in mountain huts is even cheaper, with good meals for 5 euros, and a bed for 30-45 euros.

Language: German is the official language, but in Innsbruck and in the villages most speak or understand English and Italian. Italy is a neighbour, so you will hear expressions like 'ciao' a lot.

Online:

- For more information on the area see innsbruck.info.

One cent deal
Hundreds of holiday makers struck it lucky when they chanced upon a mistake in a hotel booking system which offered a romantic four-star weekend in Venice for one cent. The offer was quickly withdrawn when staff Crowne Plaza Quarto D'Altino realized the mistake. REUTERS

At last, Cubans sample tourism luxury

Floating, cocktail drink in hand, in the pool of a five-star hotel in Cuba, Alexis basks in a holiday experience that for years was out of reach for him in his own homeland.

The pastel-colored hotel buildings, the well-ordered gardens, the turquoise waters and the perpetually smiling waiters — all just 140 kilometres east of his home in Havana. So near, and yet for many years, so far away.

Until last year, Cuba's communist government prevented its citizens from entering hotels reserved for hard currency-paying foreign tourists. It argued that tourism was a strategic revenue sector and that widening access would create inequalities in a socialist society, where most earn inconvertible Cuban pesos.

The tourist hotels, whose services, shops and restaurants are a world away from the hardships and shortages experienced by most Cubans, remained largely out of bounds for ordinary citizens. This prohibition angered most Cubans, who considered it made them second-class citizens in their own homeland.

ZORAN/ISTOCKPHOTO.COM
A view of a resort on Cuba's Cayo Santa Maria.

"Before a foreigner would ask us about Varadero and we did not know what to say. Now, if you have the money, you can do it." Roberto Garcia

But when President Raul Castro took over from his ailing older brother Fidel Castro last year, one of his first acts was to end the ban and open all facilities to Cubans. The change was widely popular even though most islanders still can not afford to stay at the tourist hotels.

"Let me tell you, this is great," said Alexis, an employee of a state-run Havana hard currency store who declined to give his full name, as his girlfriend returned from the bar with more mojitos.

In the years immediately following the 1959 revolution, Cuban workers were allowed into the island's premier resorts, yet the need to earn much-needed hard currency led to the development again of a more exclusive foreign tourism sector, especially over the last 15 years.

But the global financial crisis has taken a big bite out of Cuba's international tourism, so the Cuban travel industry, seeking to boost occupation in half-empty hotels, has begun offering reduced-price package deals to Cubans.

At $70 a night for an all-inclusive hotel in Varadero, Cuba's top beach resort, prices are well below what foreigners pay, but still out of reach for most Cubans struggling to make ends meet on state salaries that average less than $20 a month. The new Cuban internal tourists are professionals, technicians working for foreign joint ventures and people receiving dollar remittances from relatives living abroad.

"Before a foreigner would ask us about Varadero and we did not know what to say," recalls Roberto Garcia, a 43-year-old engineer who arrived from Havana with his family of six. "Now, if you have the money, you can do it." REUTERS

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Travel Aug 26 - Sep 2/wg + taxes & fees $290

Toronto one-way $79
Travel Sep 22, 23, 26/ac + taxes & fees $37

Brussels $145*
Travel Sep 22 - Oct 7/ts + taxes & fees $325

Paris $242*
Travel Sep 22 - Sep 27/ts + taxes & fees $354

Jamaica $245*
Travel Aug 31 - Sep 10/ac + taxes & fees $282

London $252
Travel Sep 28 - Oct 5/ts + taxes & fees $377

New York $289*
Travel Sep 16 - Sep 30/aa + taxes & fees $115

Chicago $310
Travel Sep 16 - Sep 23/aa + taxes & fees $111

San Francisco $399
Travel Sep 16 - Sep 23/aa + taxes & fees $120

Buenos Aires $789
Travel Oct 25 - Nov 4/ua + taxes & fees $344

Johannesburg $1179
Travel Sep 23 - Oct 8/uasa + taxes & fees $442

Sydney $1199
Travel Sep 28 - Oct 27/ua + taxes & fees $328

Cruise & Stay Holidays

Greece
Air + 3 Nights + Cruise
$1556
M/V Aquamarine & Polis Grand + taxes & fees $452
INCLUDES air to Athens, transfers, 4-night Greek Island & Turkey cruise visiting Mykonos, Kusadasi (Turkey), Patmos, Rhodes, Crete & Santorini and 3 nights Athen accom. Travel Oct 8 - 16/vat/ts. BONUS Athens & the Acropolis tour included.

Hawai'i
Air + 2 Nights + Cruise $1929
NCL Pride Of America + taxes & fees $201
INCLUDES air to Honolulu, transfers, 2 nights Waikiki accom and 7-day cruise visiting Oahu, Maui, Hawaii's Big Island and Kauai. Travel Dec 3 - 12/ggv/aa.

Barcelona
Air + 3 Nights + Cruise $1999
RCL Voyager of the Seas + taxes & fees $329
INCLUDES air to Barcelona and return from Texas, 3 nights 4-star Barcelona accom, 14-day Transatlantic cruise from Barcelona to Texas visiting Cartagena (Spain), Madeira (Portugal), Canary Islands & the Bahamas. Travel Nov 25 - Dec 13/ggv/klnw.

Middle East
Air + 5 Nights + Cruise $2099
RCL Legend of the Seas + taxes & fees $623
INCLUDES air to Rome and return from Dubai, 2 nights Rome accom, 12-day Middle East cruise from Rome to Dubai visiting Alexandria & Safaga (Egypt) and sailing the Suez Canal plus 3 nights Dubai accom. Travel Oct 20 - Nov 7/ggv/ua.

Sun Holidays

Cayo Coco
7 Nights 4-Star All-inclusive
$485*
Oasis Playa Coco + taxes & fees $240
Departs Sep 11/swg/wg.

Punta Cana
7 Nights 4-Star All-inclusive $415*
Grand Paradise Bavaro + taxes & fees $330
Departs Sep 14/swg/wg.

Varadero
7 Nights 4-Star All-inclusive $585
Oasis Turquesa + taxes & fees $205
Departs Nov 25/swg/wg.

Asia Holiday

Thailand
Air + 6 Nights
$1389
Montien Riverside & Outrigger Serenity Terrace + taxes & fees $381
INCLUDES first 3 nights and final night 4.5-star Bangkok accom and 2 nights 5-star Phuket accom. Extensions available. Travel Sep 29 - Oct 7/ggv/ua.
BONUS breakfast daily. ADD Bangkok city & temples tour from $30. ADD Phuket elephant trekking from $49.

USA Holidays

Florida
Air & Car
$429
+ taxes & fees $124
INCLUDES air to Miami and 7-day car rental with unlimited mileage. Departs daily Sep 1 - Oct 6/ggv/aa.

Las Vegas Air + 4 Nights $449
Circus Circus + taxes & fees $119
UPGRADE to 4-star Luxor from $25 per night. Depart Sep 21/ggv/aa.

California Air + Car $499
+ taxes & fees $127
INCLUDES air into either San Diego or San Francisco and 7-day car rental. Departs daily Aug 24 - Sep 12/ggv/aa. UPGRADE to convertible car from $50 per person. ADD Napa Valley Wine Explorer pass from $69.

New Orleans Air + 3 Nights $579
Holiday Inn French Quarter + taxes & fees $120
UPGRADE to 4-star Hilton New Orleans Riverside from $15 per night. Depart Sep 22/ggv/aa.

Walt Disney World
Air + 5 Nights + Park Ticket $779^
Disney's All-Star Resorts + taxes & fees $129
INCLUDES air, transfers, accom at a Disney's Value Resort and 5-day *Magic Your Way* Base Ticket.
BONUS FREE *Disney* Quick-Service Dining Plan and *Disney* pins incl. Departs Oct 5, 12, 19, 26 /ggv/aa.

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TICO

Pitt to voice superhero

Brad Pitt will be providing the voice for an animated feature in which he'll play a "superhero who wants out." Pitt says that movie will costar the voices of Tina Fey and Robert Downey Jr., and trade reports identify the project as Oobermind. METRO NEWS SERVICES

Entertainment

Dating Diaz

Cameron Diaz seems to have moved on after her split from model Paul Sculfor. She is reportedly dating Sex and the City actor Jason Lewis, according to Grazia magazine. METRO WORLD NEWS

EDITOR: DEAN.LISK@METRONEWS.CA

GETTY IMAGES

James McAvoy

McAvoy to star in comedy about cancer

MOVIES In his first role since last summer's hit Wanted, James McAvoy has signed on to star in an untitled cancer-themed comedy that Nicole Holofcener will direct.

Formerly titled I'm With Cancer, the Mandate Pictures project is being produced by Seth Rogen, Evan Goldberg and Ben Karlin.

McAvoy stars as a 25-year-old who learns he has cancer. It's a character based on the real experiences of screenwriter Will Reiser, who was diagnosed with the disease in his mid-20s and successfully battled it over several years.

Rogen also has a role in the film. REUTERS

Roth taps rage, anger

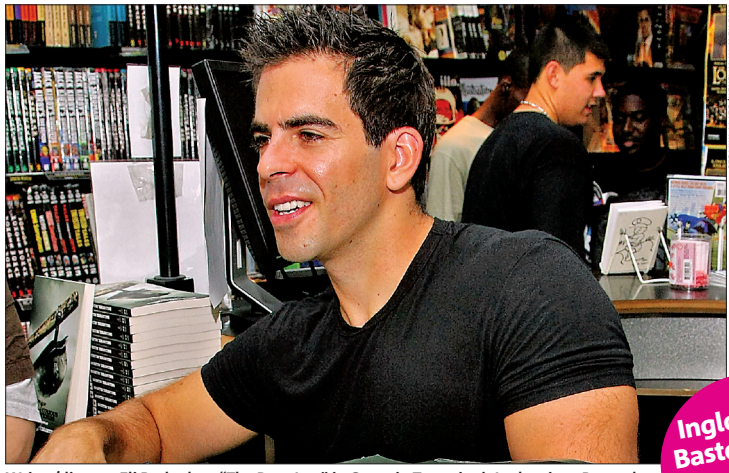
Actor plays murderous soldier in Quentin Tarantino's Inglourious Basterds

CHRIS ALEXANDER
for Metro Canada

As a terrified Nazi PoW kneels on the ground at gunpoint in front of a black, cavernous tunnel, a steady, rhythmic clanging sound of metal hitting brick begins filling the air. Suddenly a figure explodes outwards, a muscled brute wielding an aluminum baseball bat, swinging wildly for anything wearing a swastika.

The SS know him as "The Bear Jew." But we know him better as Eli Roth.

Roth is the outspoken writer/director behind such modern grindhouse hits as Cabin Fever, Hostel and its even bloodier sequel. But it's here, in Quentin Tarantino's latest film Inglourious Basterds, where Roth gets to flex his acting chops. He plays Sgt. Donny Donowitz — a.k.a. The Bear Jew — an angry, brain-bashing member of the titular band of merry Jewish-American Nazi hunters.



ANDREW H. WALKER/GETTY IMAGES

Writer/director Eli Roth plays "The Bear Jew" in Quentin Tarantino's Inglourious Basterds.

Inglourious Basterds is in theatres this Friday.

"When Quentin asked me to do this, I knew I had to make The Bear believable," says Roth of his first prominent acting gig (though he did have a credited role in Tarantino's 2007 effort Death Proof). "I put on 40 pounds of muscle. I wanted you to look at this guy and see all this murderous rage and pain and anger."

Inglourious Basterds is a pulp fantasy, following the exploits of various characters and their attempts to murder as many followers of the Third Reich as possible, including the Fuehrer himself. It madly shifts gears between muted character drama, cartoonish, gory action blowout and stylized spaghetti western and audiences who pre-screened the rough cut of the film at Cannes were either left mystified or completely enraptured.

But as Roth explains, the polarized reaction is typical of Tarantino's work.

"Pulp Fiction took general audiences three viewings to get it," he says. "At first they said it was morally reprehensible. The second time, it had its moments. The third time they claimed it a masterpiece.

"With Kill Bill Part One, some mourned the lack of great dialogue and said there was too much action. With Kill Bill 2 the same people said there was too much dialogue and not enough action. But with Basterds, I really think Quentin has made a landmark film.

"There are at least three scenes in it that students will be reading in acting class and really, you can't sell it in a 30 second TV spot. It's an experience."

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metro

Avatar site crashes as fans seek tickets

The official Avatar website crashed for several hours on Monday as moviegoers rushed to secure free seats to see the 16 minutes of 3-D preview footage that will be shown at 104 Imax theatres around the country on Friday evening.

Ticket ordering was scheduled to begin online at noon PDT, but at about 11:55 a.m. the site started experiencing difficulties. About 17,000 of the 68,000 available tickets were distributed before the heavy traffic forced the site down for several hours.

"Due to the overwhelming response for tickets to the Avatar event on 8/21, our servers have crashed. We will update you as soon as possible," ticket seekers were advised by Avatar's Twitter site.

By late afternoon, avatarmovie.com was again up and running, taking five orders every second. Locations in New York and Los Angeles sold out almost immediately.

GETTY IMAGES FILE PHOTO

Writer/director/producer James Cameron speaks at the Avatar Q&A during Comic-Con in San Diego, Calif., earlier this year.

Given that Avatar, James Cameron's first narrative feature since 1997's Titanic, promises a display of cutting-edge technology, the site snafu was something of an embarrassment.

At the same time, it had to be good news for 20th Century Fox, which is facing the challenge of creating awareness for a movie that isn't based on a pre-existing brand, book or film. The sci-fi adventure — with a budget the studio has put at $237 million US — opens in the U.S. on Dec. 18 and worldwide that same week.

Fox and Cameron have been slowly unveiling footage from the film, first at the CineExpo convention in Amsterdam in June and then at last month's Comic-Con. But Friday will be the first chance for many moviegoers to see for themselves scenes in which Australian actor Sam Worthington, playing a paralyzed marine who travels to the planet of Pandora, finds new life as an avatar — a blue-skinned, 10-foot tall, half-human, half-alien hybrid.

"I think to say that there is already a lot of interest in the movie is a pretty good understatement. Obviously, it blew out all the servers," said Greg Foster, Imax's chairman and president of filmed entertainment. "It's a pretty big statement about the curiosity and interest in the whole thing."

REUTERS

Kidman's new Project
Nicole Kidman is to appear on Project Runway: All Star Challenge. The actress will make a guest appearance on a special episode of the U.S. reality and set the contestants one of their sewing tasks. FEMALEFIRST.CO.UK

New Dawn for popstar Avril

JANINE FALCON
for Metro Canada

Jamie Katzman, owner and president of the Boathouse chain of clothing stores, is pretty chuffed.

He's got the Canadian exclusive on Abbey Dawn, a colourful line of punk-inspired casualwear from multi-platinum award-winning singer/songwriter Avril Lavigne.

"It just sort of happened," he told Metro when the line debuted in his downtown-Toronto store earlier this week. "We were introduced through a friend of a friend. I was familiar with Avril's line, and heard that she knew and had shopped at Boathouse ... and a few months later, I'm standing with her in the store at the launch."

"I'm excited to have my clothes at Boathouse — it's a good match," said Lavigne, who was on hand to introduce Abbey Dawn (her childhood nickname) and meet with 50 fans who had won tickets to the launch via a Boathouse contest. She describes her line as "rock 'n' roll, playful and fun," a mix-and-match collection of her personal style. "You can throw on the skinny jeans with heels, a Chanel bag, mix it with Betsey Johnson — it's fun, fashion is fun," she said.

"I like that she wears her own label. A lot of celebrities design clothing but don't wear their stuff."
Alyssa Chin, fan

Youthful and bold in the singer's favourite colours — black, white, red, hot pink and purple — the clothes are exactly what one might expect of Lavigne: An exuberant mix of prep-school-gone-punk graphic tees, cropped vests, short plaid kilts, skinny jeans, edgy-cute accessories, and hoodies, lots of hoodies. "I pretty much wear hoodies every day," she said. In fact, her day's ensemble of choice was her own Abbey Dawn "I Always Get What I Want" hoody and black leggings. "I don't want to jinx it!" she exclaimed when asked whether she does actually always get what she wants.

GETTY IMAGES

Abbey Dawn is fashion line from multi-platinum award-winning singer/songwriter Avril Lavigne. Safety Pin Tee, below, $24.99.

"I like that she wears her own label," said Alyssa Chin, 20, who was at the event with her sister, Kamille, 23, a contest winner. "A lot of celebrities design clothing but don't wear their stuff. It's good Avril does."

Although Abbey Dawn has until now been available only south of the border, Lavigne was not the only launch attendee wearing her clothes. Aren Adamian, 16, "a fan since day one," was kitted out in a black-and-white Abbey Dawn hoody and plaid shorts he'd picked up at the U.S. retailer Kohl's. (According to Lavigne, many of her guy friends are already pestering her to start designing for them. She's thinking about it, and points to certain pieces, like the hoodies, as already appropriate for unisex wear.)

At the moment, Lavigne says she's working on dresses and other items she'll roll out later in the year. "There'll be new offerings every six to eight weeks," confirmed Katzman.

Abbey Dawn ranges in price from $14.99 for accessories to $59.99 for a soft hooded blazer, and is currently available at 15 of Katzman's 37 Boathouse locations (boathousestores.com). It'll be in the rest of the stores in November — and psst! the dresses are slated for the holiday collection, which should launch around then, too.

Redford takes on a Conspiracy

FILM Robert Redford is visiting the land of Lincoln.

The actor/filmmaker, who has an acute interest in political topics, will direct the historical drama The Conspirator, the story of Mary Surratt, who was convicted and executed as a conspirator in the assassination of Abraham Lincoln by John Wilkes Booth.

James Solomon, the writer and executive producer of New York Yankees tale The Bronx Is Burning, wrote the screenplay. Like Conspirator, that ESPN original series is also a story set in a politically turbulent time, the volatile summer of 1977 in New York City.

James McAvoy is said to be at the top of producers' list for one of the lead roles in the independent project Conspirator.

Surratt was a Washington, D.C., boardinghouse owner who sympathized with the Confederates. She was tried for supplying weapons to Booth and his accomplice David Herold. Surratt's son John, also alleged to be part of the conspiracy, went on the lam. He eventually was put on trial but was not convicted, living until 1916. REUTERS

In brief

HALLMARK Natasha Henstridge will star in a Hallmark Channel original movie tentatively titled Family Gathering. The film centers on a woman who returns home to her family farm, where she finds new purpose training a sheep dog, Lucky, who becomes a town hero.

GOOD MORNING Comedian Steve Harvey has joined ABC's Good Morning America as a contributor for the next several months. His first report is scheduled to air today.

WRIGHT ROLE Michael Landes has joined the cast of Queen Latifah comedy Just Wright. The Fox Searchlight movie centers on a romance between a physical therapist and her basketball player patient. REUTERS

Kenya's Style

Kenya Hunt
Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

primetime — 8/19/09

OT	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
news	265	353	2	TVO	Expedition: Guyana		*Wal-Town: The Film*		(9:10) The Street		Human Edge		*Wal-Town*
	211	331	3	GTV	ET Canada	Entertainment	Bones		Wipeout (HDTV)		In Plain Sight "Jailbait"		News
	-	-	5	SRC	Des squelettes	L'Épicerie	La Petite Séduction (SC)		Bons baisers de France (SC)		Le Téléjournal et Les Nou		TJ Ontario
	209	342	6	CHRO	The Road to Avonlea		America's Got Talent (N)		America's Got Talent		Law & Order: SVU		Comedy Now
	196	311	7	CTV	Hollywood	etalk	So You Think You Can Dance Canada Finals week. (N)				CSI: NY (HDTV)		News
	208	303	8	CBC	Coronation St.	Jeopardy!	Dragon's Den (HDTV)		The Tudors (DVS)		CBC News: The National		The Hour
	-	360	9	NBC	Wheel-Fortune	Jeopardy!	Extra (N)	Jeopardy!	America's Got Talent		Law & Order: SVU		News
	117	713	10	TVA	Les Gags	Histoires-filles	Les Anges de la rénovation		Mollie (HDTV) (SC)		TVA 22 heures	Sucré-salé	*8 Mile* (SC)
	-	-	11	QS	La Guerre des	10 façons	Latulippe et cie (SC)		Bob Gratton	Californication	Le Sport	Entraînement	Call TV
	137	763	12	TFO	Panorama été	Météo	Rebut global	Villages	*Oxhide* (2005, Drame)				Météo
	-	362	13	CBS	Dr. Phil (HDTV)		Old Christine	Gary Unmarr	Criminal Minds (HDTV)		CSI: NY (HDTV)		Two/Half Men
	216	395	14	OMN2	Raymond	According-Jim	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Cold Case
	214	344	15	CITY	Law & Order: SVU		Who Wants to Be a Millionaire		Murdoch Mysteries (HDTV)		Murdoch Mysteries (HDTV)		News
	115	343	16	CFMT	Two/Half Men	The Simpsons	Omni News: Italian Edition (N)		Vivere Il	Omni News:	The Simpsons	King of the Hill	Metropia
	218	345	18	E!	The Insider (N)	E! News	Psych		D. Richards	Kendra	Women on Top	Women on Top	News/Eleven
	-	361	20	ABC	Action News	Entertainment	Who Wants to Be a Millionaire		Wipeout (HDTV)		Primetime: Crime (N)		News
	512	396	24	CPAC	Tête-à-tête	Beyond Poli	L'Heure politique		Dossier public				Heure polit.
	651	355	25	CTS	Little House on the Prairie		Michael Coren Show		100 Huntley Street		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	Octomom: The Incredible Unseen Footage (N)				FOX 2 News (N)		News
	-	-	64	PBS	Business Rpt.	From the Top	Time Team Special Edition (N)				Wide Angle (N)		Charlie Rose
	205	312	104	CTV	Hollywood	etalk	So You Think You Can Dance Canada Finals week. (N)				CSI: NY (HDTV)		News
	502	390	26	NW	CBC News	Fortune	The Hour		CBC News: The National		Struck by Lightning		National
	500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
sports	406	417	27	net	MLB Baseball Boston Red Sox at Toronto Blue Jays. From Rogers Centre in Toronto.						Sportsnet Con.	Sportsnet Con.	Sportsnet Con.
	126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
	400	280	30	TSN	Interruption	WTA Tennis Rogers Cup -- Day Three. (HDTV) From Toronto. (Live)					SportsCentre (HDTV) (Live)		
	410	403	52	SCR	RaceNight						Score Tonight		Final Score
	411	457	56	OLN	Ghost Hunters		Bounty Hunter	Bounty Hunter	Survivorman		Ghost Hunters		Bounty Hunter
	417	406	59	SC	NASCAR Racing		NCWTS Setup	NASCAR Racing	Camping World Truck Series -- O'Reilly 200. (HDTV) (Live)				Pimp My Ride
family	554	544	48	TEL	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken	Father of Pride	Moral Orel
	557	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	551	542	65	YTV	In Real Life		Malcolm-Mid.	Futurama	Survive This	Adrenaline Proj	Falcon Beach		Mystery Hnt.
	570	580	29	MM	The Daily Fix		Ranked!		mmtop10.ca		Entourage	Gene Simmons	The Daily Fix
	615	520	31	A&E	CSI: Miami "Nailed"		Dog the Bounty Hunter		Dog the Bounty Hunter		Criss Angel Mindfreak		Criss Angel
	628	584	32	SPKE	Disorderly Conduct: Video		Ultimate Iceman: Chuck Liddell (HDTV)			Disorderly Conduct: Video		Disorderly Conduct: Video	
	521	560	34	TLC	Restorer Guy	Real Estate	Lottery Changed My Life		Truth Be Told (HDTV) (N)		Toddlers & Tiaras (N)		Lottery-Life
	145	761	35	TV5	La Vie est un cirque		*Mon Ange* ★★ (2005, Drame)			(9:35) Sit in	Tout ça		Journal TV5
	616	521	39	SHO	The Outer Limits		The Guard "Wake"		*The Party Never Stops* (2007, Drama) Sara Paxton.				House
	620	523	40	BVO	The Achievers	Bravo!Videos	Arts & Minds	O'Reagan File	Wingfield	Wingfield	Cooperman Howard Engel		Law & Order
	520	505	42	DIS	Daily Planet		Mighty Ships "U.S.S. Nimitz"		After the Catch		Mayday		Daily Planet
	575	583	43	CMT	Project Dad	Project Dad	Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith	Corb Lund Live
	601	562	45	SLC	Skin Deep	Til Debt-Part	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash	ET Canada
	625	548	46	COM	Air Farce	22 Minutes	22 Minutes	Corner Gas	The Simpsons	South Park	Jon Dore Show	Tosh.0	Daily Show
	294	529	47	TBS	Family Guy	Family Guy	*Trading Places* ★★ (1983, Comedy) Dan Aykroyd, Eddie Murphy.					Seinfeld	*Trading Places*
	600	564	49	H&G	House Hunters	Property Virgin	Big City Broker	The Stagers	Property Virgin	Hid Potential	House Hunters	House Hunters	Holmes-Homes
	627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		Primeval		Stormworld (N)	Stormworld (N)	Stargate SG-1
	581	566	53	MTV	MTV Cribs	After	MTV News	Cribs	The Real World		The Real World (N)		MTV Live
	618	524	54	TROP	The Crow: Stairway to Heaven		What Happen?	What Happen?	Deal or No Deal Canada		Raymond	Raymond	Raymond
	522	506	55	HIS	NCIS "Leap of Faith"		Cities of the Underworld		Ice Road Truckers		NCIS "Leap of Faith"		Turning Points
	129	773	60	CD	Cruauté animale		Légendes urbaines (HDTV)		Histoires de crimes (HDTV)		Histoires de crimes (HDTV)		C'est incroy
	261	394	61	V	Murder, She Wrote		Keeping Up	Foot in Grave	Doc Martin		Recreat. Eden	Prenup	Poltergeist
	602	567	62	W	Style by Jury	Friends	Grocery Bag	Grocery Bag	Love It or List It		*Killer Hair* (2009, Mystery) Maggie Lawson.		
	269	350	70	APTN	Canadian Geographic		Waban-aki: Sun Rises		Tears	Vitality Garden	Miywayawin	Find. Our Talk	Wings-Canada
	621	527	71	TLK	The Ellen DeGeneres Show		TMZ (N)	etalk	Canada's Next Top Model		Tonight Show-Conan O'Brien		TMZ
	603	561	95	FN	Chef at Home	Fresh-Anna	Restaurant Makeover		Iron Chef America		The Next Food Network Star		Opening Soon

critics'corner

Capturing Cooperman: A Not So Private Investigation of Howard Engel
You can't keep a good mind down. The creator of fictional crime drama character Benny Cooperman, Engel captured the public's imagination for over two decades. In 2001, he had a stroke that left him unable to read. Determined to keep Cooperman alive, Engel began the process of learning to read and write all over again. This documentary tells his story. 10 PM on 40 BVO

Wal-Town: The Film
It seems as if every year, there is a community protest somewhere in the United States about the potential building of a chain store. Just because the U.S. seems preoccupied with this doesn't mean that Canadians should not have an opinion. This documentary takes a look at the Wal-Mart store chain and its effect on Canadian communities — and how some residents are protesting its presence in the country. 8 PM on 2 TVO

Jessica's fill-in Idol gig a fib

Jessica Simpson isn't trying to fill Paula Abdul's vacant judge's seat on American Idol. The New York Post reported Monday that the singer's father Joe is pushing producers to cast Simpson. But Simpson's rep said, "There is absolutely no truth to this." USMAGAZINE.COM

Celebrity Buzz

Grey's star nude tape leaked online

ON THE DEFENCE A video showing Grey's Anatomy star Eric Dane, his wife Rebecca Gayheart and another women in apparently compromising positions is ancient history and had better not be used for commercial purposes, warns an attorney for the married couple, people.com reports.

In a statement released Monday, the actor's lawyer, Marty Singer, said the tape "is simply a private, consensual moment involving a married couple, shot several years ago, which was never intended to be seen by the public."

The statement continued: "Although the participants are nude, the tape is not a 'sex tape.' It is a private tape made for only my clients' personal use, and nobody has the right to exploit it. If anyone exploits the tape, they will be violating my clients' rights and will be exposed to significant liability."

The third woman in the video reportedly is Kari Ann Peniche, who in 2002 was crowned Miss Teen USA but was later stripped of the title after posing for Playboy.

METRO NEWS SERVICES

Jesus, love of Madonna's life

GOOD MATCH Madonna says Jesus Luz is "the love of her life," femalefirst.co.uk reports. The singer praised the 22-year-old Brazilian model in a speech at her 51st birthday party in Portofino, Italy, on Sunday before running across the room to passionately kiss him.

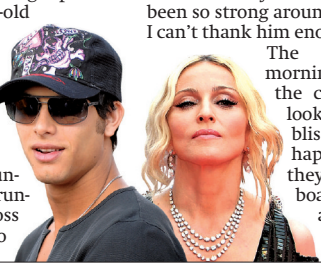
As friends looked on, Madonna gushed: "He's the love of my life. He has been so strong around me. I can't thank him enough."

The next morning, the couple looked blissfully happy as they boarded a luxury yacht with Madonna's children — Lourdes, 12, Rocco, eight, Mercy, four, and David, three.

As the children relaxed on the deck, the pop superstar and her lover frolicked in the ocean.

An onlooker said: "She and Jesus looked madly in love and it was great to see her looking so happy. They just looked like any normal family enjoying a holiday together."

METRO NEWS SERVICES



Kristen: Me, a style icon?

FASHIONISTA Kristen Stewart says she isn't important enough to get free designer clothes, femalefirst.co.uk reports.

The Twilight actress wishes she could keep the gowns she wears to red-carpet events.

She said: "The really cool stuff — I never get to keep any of that ... I'm just not important enough yet, I think."

Stewart — who has worn creations by Yigal Azrouel, Hervé Léger and Camilla and Marc — admits she finds it "bizarre" that her fans copy her outfits.

"Those (clothes) are mine, which is bizarre to have people go out and buy."

METRO NEWS SERVICES

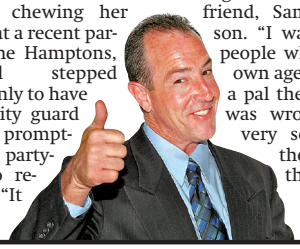
Dad apologizes to Lindsay?

EATING HIS WORDS Lindsay Lohan just can't seem to shake her dad, Michael Lohan, according to the New York Post.

After chewing her ear off at a recent party in the Hamptons, Michael stepped away, only to have a security guard step in, prompting one partygoer to remark, "It looks like he's stalking her."

Turns out he was just trying to tell her he was wrong to bash Lindsay's on-again, off-again girlfriend, Samantha Ronson. "I was misled by people who had their own agenda," he told a pal the next day. "I was wrong and I'm very sorry. I wish the best for them."

METRO WORLD NEWS

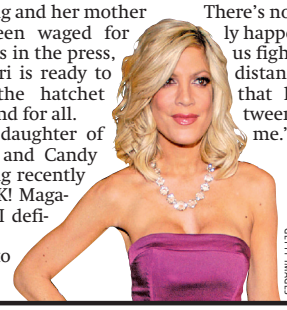


Tori ends Spelling family feud

BURY THE HATCHET The feud between 90210 star Tori Spelling and her mother has been waged for months in the press, but Tori is ready to bury the hatchet once and for all.

The daughter of Aaron and Candy Spelling recently told OK! Magazine: "I definitely want to reconcile with my mother, but that's the wrong word. There's nothing that really happened that made us fight. It's just time, distance and media that have come between my mom and me."

METRO NEWS SERVICES



GETTY IMAGES

DID DIARRHEA GET YOU?

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(your story must be min 50 to max 100 words)

Here is this week's top diarrhea disaster:

"My wife and I were in Newfoundland with new acquaintances and arrived at a waterfall that required an hour hike across tundra-like landscape. The sun was out and nothing could have made the day better. That was until I was hit by unannounced and explosive diarrhea half way. The tallest tree was eighteen inches so I had no choice but continue in soiled jeans while awkwardly making small talk. Once at the waterfall I jumped into the swirling pool fully clothed. My wife and guests stood stunned while I struggled with the current. Anything to save myself the embarrassment." - *S. Mathison*

Submit your story today at metronews.ca

No purchase necessary. One entry per person. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes August 26, 2009 at 11:59 pm. Odds of winning depend on number of entries received. For full contest rules and details visit www.metronews.ca

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Friday 70% Showers 28°/ 20°
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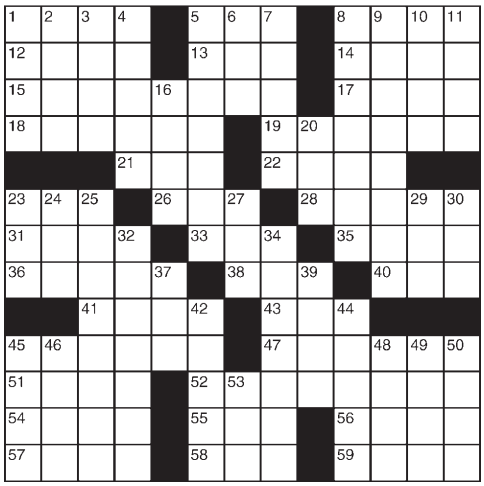
For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



ACROSS

1 Spacecraft compartments
5 Scatter seed
8 Couple, to TMZ
12 Neighbourhood
13 — Beta Kappa
14 Small plateau
15 Dosage measurer
17 Low
18 Chief island of Japan
19 Attic space
21 "Of course"
22 Tater
23 Chapeau
26 Bankroll
28 Arousing goose bumps
31 Notion
33 Rawls or Reed
35 Do a pre-laundry task
36 Song of praise
38 Conclusion
40 Cause of royal insomnia?
41 Dressed
43 Glutton
45 Stick
47 Whiteboard accessory
51 Jail, at sea
52 Tinker, Evers or Chance
54 Highway division
55 Blunder
56 Hostels
57 Quiche needs
58 Scarlet
59 Spruced up

DOWN

1 Maze option
2 Sandwich cookie
3 Campus VIP
4 Impudent
5 Re a husband or wife
6 Discoverer's call
7 Flight needs
8 Stains
9 Earring shape, often
10 Being (Lat.)
11 Sail holder
16 "That's a relief!"
20 Mimic
23 With it
24 Classifieds
25 Education
27 Buck's mate
29 Anger
30 Greek vowel
32 Claims
34 Not loud enough
37 Ruin the veneer
39 Coed quarters, maybe
42 Dissuade
44 Street urchin
45 Competent
46 Haul
48 Logical
49 Sicilian spouter
50 Whatever remains
53 Prior to

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	7				2	5	4	
		6					9	1
				3		8		2
			8	9				5
	9						7	
5				4	1			
9		8		7				
2	3					6		
	5	7	4				2	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

S	I	G	N		F	D	A		U	S	S	R
T	R	U	E		J	O	N		N	O	L	O
E	A	S	T	W	O	O	D		D	Y	E	S
T	N	T		E	R	R		B	E	A	D	S
			D	A	D		W	A	R			
L	O	G	O	N		R	A	G	W	E	E	D
A	B	E	L		J	O	Y		O	V	E	N
Y	I	E	L	D	E	D		K	O	A	L	A
			Y	E	T		R	I	D			
S	H	O	W	S		V	A	N		C	H	I
L	I	M	O		W	E	D	G	W	O	O	D
O	R	E	O		E	R	A		I	D	L	E
B	E	N	D		B	A	R		G	A	D	S

2	8	9	1	5	6	3	4	7
3	5	7	2	4	8	9	6	1
6	4	1	3	7	9	2	8	5
8	7	4	6	2	5	1	9	3
5	9	3	8	1	7	4	2	6
1	6	2	4	9	3	7	5	8
4	2	5	7	8	1	6	3	9
7	3	8	9	6	2	5	1	4
9	1	6	5	3	4	8	7	2

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Tarragon Flounder

INGREDIENTS:

2 flounder fillets (4 oz/113 g each)
1/2 cup (125 ml) chicken broth
2 tbsp (25 ml) butter, melted
1 tbsp (15 ml) minced fresh tarragon or 1 tsp (5 ml) dried tarragon
1 tsp (5 ml) ground mustard

METHOD:

1. Place fillets in a greased 11-in. x 7-in. x 2-in. (28 cm x 18 cm x 5 cm) baking dish. Combine remaining ingredients; pour over fish.
2. Bake, uncovered, at 350 F (180 C) for 20-25 minutes or until fish flakes easily with a fork. Remove to a serving plate with a slotted spatula. Serve immediately.

SERVES 2

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
You're no stranger to hard work and as from today you will begin to enjoy the rewards of your labours.

TAURUS ♉
APRIL 21-MAY 21
You will experience one of those "Eureka" moments today. Out of nowhere you will see the pattern that you have somehow missed.

GEMINI ♊
MAY 22-JUNE 21
You may have found it difficult to confide in people in recent weeks but now the cosmic picture is beginning to change and you can get through.

CANCER ♋
JUNE 22-JULY 22
Even if you are one of those Cancerians who knows how to charm, you may have found it hard to communicate your feelings in recent weeks.

LEO ♌
JULY 23-AUG 23
You owe someone a favor and if you go out of your way to make good on it today, they may even end up owing you.

VIRGO ♍
AUG 24-SEPT 22
A Mercury-Saturn union in your sign means you can see things as they are rather than as you wish them to be.

LIBRA ♎
SEPT 23-OCT 23
You may have been in the dark of late but as from today you will understand what has been going on and why you were kept out of the loop.

SCORPIO ♏
OCT 24-NOV 22
You may have found it hard to explain why you believe certain apparently illogical things, but today you'll find your tongue.

SAGITTARIUS ♐
NOV 23-DEC 21
For various reasons, both personal and professional, you have held back from letting certain people know what you think of them.

CAPRICORN ♑
DEC 22-JAN 20
You rarely leave anything to chance and with mind planet Mercury aspecting your ruler Saturn, you will know with absolute certainty.

AQUARIUS ♒
JAN 21-FEB 18
If you are having second thoughts about a deal you signed up to there is still time to back out of, but it's got to be now.

PISCES ♓
FEB 19-MARCH 20
Don't worry if you have found it hard to get through to loved ones in recent weeks because today's Mercury-Saturn union in your opposite sign will help.

WORDY GURDY®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Oz movie aunt's jewels (1)
2. Gorillas wander aimlessly (1)
3. Be on two sides of a military vehicle (1)
4. "Gee, actress Hunter!" (2)
5. Jollier Skye dog (3)
6. Atlanta NBAer's noisy complaints (1)
7. Bandleader Mitch's invoice senders (2)

ANSWERS
1. EMS GEMS 2. APES TRAPSE 3. FLANK TANK 4. COLLY HOLLY 5. MERRIER TERRIER 6. HAWKS SQUAWKS 7. MILLERS BILLERS

8-19-09

This day in history

AUG. 19, 1561: An 18-year-old Mary Queen of Scots returns to Scotland, after spending 13 years in France.
AUG. 19, 1692: Salem witch trials: In Salem, Massachusetts, Province of Massachusetts Bay five people, one woman and four men, including a clergyman, are executed after being convicted of witchcraft.
AUG. 19, 1934: The creation of the position Führer is approved by the German electorate with 89.9 per cent of the popular vote.
AUG. 19, 2005: A series of strong storms lashes Southern Ontario, spawning several tornadoes as well as creating extreme flash flooding within the city of Toronto.

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LAST YEAR'S STARTING PRICE ~~$13,595~~

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GL Sport model shown

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Limited model shown

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GRADUATE REBATE PROGRAM

"The Hyundai names, logos, product names, feature names, images and slogans are trade marks owned by Hyundai Auto Canada Corp., and used under licence. ♦Last year's starting price is the lease/finance starting price as of December 2008 for a 2009 Elantra L/2009 Accent L 3 Dr/2009 Tucson L/2009 Santa Fe 2.7L GL. Prices for models shown: 2009 Elantra Limited of $20,295/2009 Accent GL Sport of $13,895/2009 Tucson Limited of $27,495/2009 Santa Fe Limited of $32,445. ♦Prices calculated after deducting price adjustments off the lease/finance starting prices. Price adjustments of $1,000/$3,500 available on a 2009 Elantra Touring L 5-speed/2010 Sonata GL 5-speed. Prices for models shown (after deducting price adjustments): 2009 Elantra Touring GL with Sport Package is $20,195/2010 Sonata Limited model shown is $30,499. ♦♦Delivery and Destination charges of $1,495 for 2009 Elantra/$1,495 for 2009 Elantra Touring/$1,495 for 2009 Accent/$1,765 for 2009 Tucson/$1,765 for 2009 Santa Fe/$1,595 for 2010 Sonata, registration, insurance, license fees and all applicable taxes are excluded. Delivery and destination charge includes: freight, P.D.E., dealer admin fees and a full tank of gas. ◊Purchase financing available O.A.C. from Hyundai Financial Services on 2009 Elantra/2009 Elantra Touring/2009 Accent/2009 Tucson/2009 Santa Fe/2010 Sonata for a limited time only. ΩBased on responses from 80,930 U.S. new-vehicle owners measuring 245 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of owners surveyed in February-May 2009. Your experiences may vary. Visit jdpower.com. †Fuel economy comparison based on combined fuel consumption rating for the 2010 Sonata GL auto (8.0ZL/100km) and 2009 EnerGuide combined fuel consumption ratings for the full size vehicle class. Fuel Consumption for 2010 Sonata GL automatic HWY 6.0L/100km, 46 mpg; CITY 9.5L/100km, 30 mpg) is based on manufacturer testing. Actual fuel consumption may vary based on driving conditions and the addition of certain vehicle accessories. ‡See your dealer for eligible vehicles and full details of the Graduate Rebate Program. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.